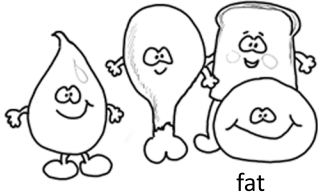


You need us in BIG quantities!

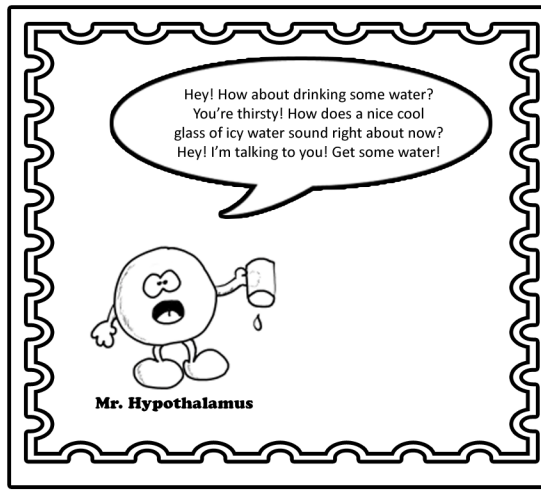
protien

carbohydrates
(you can call me
carbs!)



water

fat



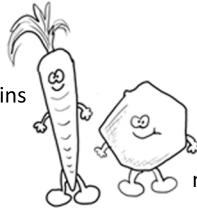
Color and cut out this square. Staple it over the top of the square below that has the sentence about the hypothalamus.

Copy the sentence in the blank part of the square. Glue the backside to your lapbook or notebook paper.

Glue this side to your paper.

You need us in little quantities!

vitamins



minerals

A part of your brain called the hypothalamus sends messages that make you feel thirsty.

Glue this side to your paper.

micronutrients

micro means *little*

This part folds over for the "inside" of the lift-the-flap.

This part is glued to your paper. The other side of this part is glued to the inside of the lift-the-flap picture.

This part folds over for the "cover" of the lift-the-flap